



CREST
Olympiads
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CREST Science Olympiad (CSO) **Worksheet** *for* **Class 1**



Topic

Good and Bad Habits



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Worksheet on Good and Bad Habits

1. Identify the good habits from the following pictures.



- a. 2 and 4
- b. 2 and 3
- c. 3 and 4
- d. 1 and 3

2. Mark plays video games all day.
Dan keeps his room tidy.
Jim wakes up early every day.

Which one of the three kids you should follow?

- a. Mark and Dan
- b. Only Dan
- c. Dan and Jim
- d. Mark, Dan and Jim

3. Identify the child with bad habits from the following pictures.



- a. Jane
- b. Jon
- c. Mary
- d. Tim

4. Fill in the blank:

If your friend asks to play with your toy then you should _____.

- a. scold him
- b. share it with him
- c. tell your parent
- d. cry

5. How often should you follow the habit shown in the picture below?



- a. Twice a day
- b. Before and after meals and after using the restroom.
- c. Before sleeping
- d. After meals

Answer Key

1. a - Washing hands and exercising are good habits.
2. c - Dan and Jim practise good habits so you should follow them.
3. d - Tim is the one with a bad habit as he is throwing garbage on the street.
4. b - It is a good habit to share your things with your friends and siblings.
5. b - You should always wash your hands before and after meals and after using the restroom.

More Questions Coming Soon – Keep Learning!



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